# Toasties

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Allergen**  | Bacon & avocado  | Chicken Pepper  | Beef & Gouda  | Tuna  | Ham  | Veggie  | Plain Cheese  |
| Peanuts  | \*  | \*  | \*  | \*  | \*  | \*  | \*  |
| Other Nuts  | \*  | \*  | \*  | \*  | \*  | \*  | \*  |
| Wheat  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  |
| Cereals (Gluten)  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  |
| Milk  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  |
| Eggs  |   |   |   |   |   |   |   |
| Celery  |   |   |   |   |   |   |   |
| Mustard  |   |   |   |   |   |   |   |
| Soya  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  |
| Sesame  | \*  | \*  | \*  | \*  | \*  | \*  | \*  |
| Fish  |   |   |   | Yes  |   |   |   |
| Crustaceans  |   |   |   |   |   |   |   |
| Molluscs  |   |   |   |   |   |   |   |
| Lupin Flour  |   |   |   |   |   |   |   |
| Sulphates  |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |

# Salads

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Allergen**  | Plain Salad  | Chicken  | Tuna  | Halloumi  |
| Peanuts  |   |   |   |   |
| Other Nuts  |   |   |   |   |
| Wheat  | Yes (Croutons)  | Yes (Croutons)  |   |   |
| Cereals (Gluten)  | Yes (Croutons)  | Yes (Croutons)  |   |   |
| Milk  | Yes (Croutons)  | Yes (Croutons)  |   | Yes  |
| Eggs  |   |   |   |   |
| Celery  |   |   |   |   |
| Mustard  |   |   |   |   |
| Soya  |   |   |   |   |
| Sesame  |   |   |   |   |
| Fish  |   |   | Yes  |   |
| Crustaceans  |   |   |   |   |
| Molluscs  |   |   |   |   |
| Lupin Flour  |   |   |   |   |
| Sulphates  |   |   |   |   |
|   |   |   |   |   |

# Snacks

|  |  |  |
| --- | --- | --- |
| **Allergen**  | Humous & Pitta  | Avocado Toast  |
| Peanuts  |   |   |
| Other Nuts  |   |   |
| Wheat  | Yes  | Yes  |
| Cereals (Gluten)  |   | Yes  |
| Milk  |   |   |
| Eggs  |   |   |
| Celery  |   |   |
| Mustard  |   |   |
| Soya  | \*  | Yes  |
| Sesame  | Yes  | Yes  |
| Fish  |   |   |
| Crustaceans  |   |   |
| Molluscs  |   |   |
| Lupin Flour  |   |   |
| Sulphates  |   |   |
|   |   |   |

# Waffles

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Allergen**  | Plain  | Berry  | Banoffee  | Nutella  |
| Peanuts  |   |   |   |  Yes |
| Other Nuts  |   |   |   |  Yes |
| Wheat  |  Yes | Yes  |  Yes |  Yes |
| Cereals (Gluten)  |  \* | \*  | \*  | \*  |
| Milk  |  Yes | Yes  | Yes  | Yes  |
| Eggs  |  Yes | Yes  | Yes  | Yes  |
| Celery  |   |   |   |   |
| Mustard  |   |   |   |   |
| Soya  |  Yes | Yes  | Yes  | Yes  |
| Sesame  |   |   |   |   |
| Fish  |   |   |   |   |
| Crustaceans  |   |   |   |   |
| Molluscs  |   |   |   |   |
| Lupin Flour  |   |   |   |   |
| Sulphates  |   |   |   |   |
|   |   |   |   |   |

May Contain\*

# Cakes

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Allergen**  | Carrot Cake  | Chocolate Orange  | Muffin  | Lemon Cake  | Salted Carmel Crisp  | Gingerbread Latte  | Chocolate & Raisin Cookie  |
| Peanuts  | \*  | \*  | \*  |   |   |   |   |
| Other Nuts  | Yes | \*  | \*  |   |   |   |   |
| Gluten, Wheat, Cereals, Oats, Barley |  | Wheat, Gluten | Wheat, Oats, Gluten  |   |   |   |   |
| Milk  | Yes  | Yes  | Yes  |   |   |   |   |
| Eggs  |   |  Yes |  Yes |   |   |   |   |
| Celery  |   |   |   |   |   |   |   |
| Mustard  |   |   |   |   |   |   |   |
| Soya  | Yes  | Yes | Yes  |   |   |   |   |
| Sesame  |  |  |  |   |   |   |   |
| Fish  |   |   |   |   |   |   |   |
| Crustaceans  |   |   |   |   |   |   |   |
| Molluscs  |   |   |   |   |   |   |   |
| Lupin Flour  |   |   |   |   |   |   |   |
| Sulphates  |   |   |  \* | Yes  |   |   |   |
|   |   |   |   |   |   |   |   |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Vegan  |   |   |   | Yes  | Yes  | Yes  | Yes  |

May Contain \*